

(h2t) Renewal Hand Treatment

Using a concentrated blend of botanical extracts and naturally occurring alpha hydroxy acids, this renewing hand treatment provides a deep exfoliation combined with an infusion of nourishing anti-oxidants and nutrients.

Benefits:

- Exfoliates dry dead skin, encouraging cell renewal and turnover
- Re-hydrates and moisturizes
- Nourishes and softens skin
- Improves the texture and tone of the skin renewing the youthful appearance

You will need:

- (h2t) Pumpkin Peel 20%
- (h2t) Fig Spray
- (h2t) Lavender Lotion

Procedure:

1. Remove polish, file nails
2. Apply (h2t) 20% Pumpkin Peel to front and back of hands and leave on for up to 5 minutes.
3. Remove the peel with warm wet towels.
4. Apply (h2t) Fig Blend Antioxidant spray and massage.
5. Clean cuticles
6. Do hand massage with (h2t) Lavender Lotion
7. Polish nails

